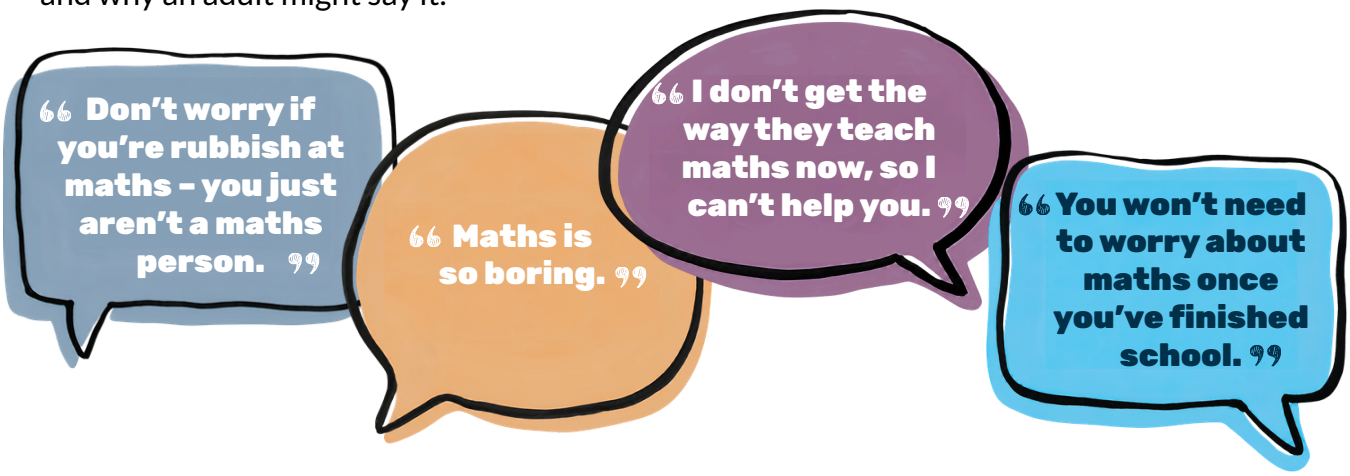
HOW WE TALK ABOUT MATHS?

National Numeracy
Getting on with numbers

Everyone feels differently about maths and sometimes you might hear people say negative things about it.

Talk with your family

Imagine you hear an adult say the comments about maths below to you or another student. Taking them one at a time, talk with your family about how hearing this might make you feel and why an adult might say it.



Try to come up with ideas for what they could say instead.

What did you learn?

What would you say to a friend if they said ***“I will never be able to do maths”***?

When we talk negatively about something to each other, it makes those negative ideas seem true. Even if we mean to make someone feel better by agreeing with them, this can just boost the idea that maths is not something that we can get better at. Being positive is more likely to help to us feel better about maths.

Student comments:

Parent/ carer comments: